The circumstances under which the advance decision you have already seen is applicable could be open to interpretation. The more specific one can be, the less chance the applicability of the advance decision being disputed, a clearer explanation might look something like this:

I, John Brown declare that if at any time the following conditions exist:

1. I suffer from one or more of the following conditions:
   - Advanced disseminated malignant disease (e.g. cancer that has spread considerably)
   - Severe immune deficiency (e.g. Acquired Immune Deficiency Syndrome)
   - Advanced degenerative disease of the nervous system (e.g. advanced Parkinson’s Disease)
   - Severe and lasting brain damage due to injury, stroke, disease or other cause
   - Advanced dementia, whether Alzheimer’s, multi-infarct or other, resulting in very limited awareness of the immediate environment and inability to initiate simple tasks
   - Any other condition of comparable gravity;

AND I have become unable to participate effectively in decisions about my medical care and;

2. Two independent physicians (one a consultant) are of the expert, considered opinion, after full examination of my case, that I am unlikely to make a substantial recovery from illness or impairment involving severe distress or incapacity for rational existence.